

Poetry and Prose

What is I?

by Stephen Jay Blumberg, ASPE

I am a ghost.

I am either in my mind

Or I am out of my mind,

But I certainly have a mind.

My mind is in my brain.

My brain lives in my body.

I use my mind to run my life,

So much as I am willing or able.

Occasionally,

My mind will not cooperate.

Occasionally,

My mind thinks

While I do not think.

One day, when this body leaves me,

I will go I know not where,

And may only dream.

What is I?

I is pure intention.

I is a ghost. Ω