

Informative Leaflets for Gifted Adults (Including Seniors)

by Noks Nauta, RFSPE



Twenty-five years ago, I found out I was gifted, and I became a member of Mensa. Later, I also became a member of ISPE and TNS. I learned how important (sometimes lifesaving) it can be to share knowledge on giftedness in adults, and I discovered how little was written on giftedness in adults and seniors.

Fifteen years ago, I started the Gifted Adults Foundation in the Netherlands (ihbv.nl) with the aim of collecting and disseminating trustworthy knowledge about giftedness in adults. Our foundation later expanded its horizons to specifically include senior adults as well.

As of today, we have reached many gifted adults. Our informative leaflets, which are free for downloading, are very well received. In addition

to Dutch and English, some of the leaflets are available in German as well. Thousanders may be particularly interested in the two leaflets which address being highly gifted: “High Giftedness” and “Living as a Highly Gifted Person.”

The leaflets in English can be accessed at <https://ihbv.nl/leaflets-english/>. Other texts on the website are in Dutch, as are our books, which we are working on translating.

If you have ideas for new leaflet themes or other suggestions for the Gifted Adults Foundation, please let me know via e-mail at either arnolda.nauta@gmail.com or noksnauta@ihbv.nl.

I hope you will find the leaflets to be helpful. 