Analogies of Life: Chapter 1

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Author's Note: My articles in the "Analogies of Life" series will combine various aspects of science, math, psychology, philosophy, and music to show universal connections between them. I hope to inspire people to think and act differently by breaking boundaries between different perspectives.

I would like to talk about two aspects today. First, *everything is a matter of perspective*. Second, *everything is connected to everything*; and, because of that, we can see analogies everywhere. I will show you some examples.

Who are we? We're insignificant and very significant at the same time.

What analogy could describe something like this? I think it could be the double-slit experiment or Schrödinger's cat!

A human can try to escape what he considers to be a net. But if he looks at the situation from another perspective, he will see himself still being and existing within the net.

Think about the interference pattern of the double-slit experiment, describing a very similar situation. When using the "detector," the interference pattern disappears. This is similar to something mysterious, not allowing people to face the bigger picture. It's like a daydream, suddenly leading to an end before it can be analyzed through an everyday life perspective.

Maybe it seems like a daydream because our alpha or theta brain waves sometimes keep our perspectives as a secret from those *beta* waves which are often rational. Flying around within our creative imaginations is often part of an alpha state where it's easy to escape what we sometimes consider to be a "net." We are able to see our *interference pattern* as in the double-slit experiment, and things start to become clearly logical. You can even dive deeper into theta while you're still awake. It's possible to get huge insights and explore the universe around you and in you through another dimension; you just have to allow it for yourself. Reducing your conscious thoughts can then guide you into *delta*—meaning that you're finally falling asleep, meeting your unconscious dimensions.

We are just waves within the universe, but we contain a universe, too.

What analogy could describe something like this? Perhaps, *fractals* are a good example.

If you remind yourself of the *Fibonacci* sequence—of a snail's house, of a snowflake, or anything created by nature—you will realize that there's geometry and a system in everything.

Nothing and everything are actually very similar things. However—just *be*. Ω